

RISE

Empowering women to heal and flourish into the best versions of themselves!

Our Mission

Our goal is to help female survivors of various forms of trauma and abuse get the support they need to succeed; no matter what adversities they've faced.





Our Founder

Jennifer Ramirez is an entrepreneur, published author, keynote speaker, survivor and thriver. As a single mother who struggled to make ends meet, her hardships became her motivation to have a better life. Making many drastic changes in her life which has since led to great success, she felt compelled to share her own story in hopes that her past mistakes and struggles would help women to make better choices in their lives and empower them to be the best versions of themselves.

SIGNATURE TOPICS

- ✓ Women Empowerment
- ✓ Domestic Violence & Abuse
- ✓ Support & Counseling
- ✓ Mental Health Resources
- ✓ Legal and financial resources

Where to find us

 andrise_women
 womenrisechicago



Just getting started

862 - Women served through events
984 - Women served through support groups
52 - Women served through healing and recovery conferences

SERVICES OVERVIEW

SUPPORT GROUPS

- FREE 3 weekly support groups with in-person meetings as well as virtual meetings
- Peer-Led Groups by trained survivors, for sexual and domestic abuse survivors

COUNSELING

- FREE counseling offered to any women in Illinois
- 10-week sessions led by a licensed counselor

COACHING PROGRAMS

- Programs offered to help women flourish to reach both their personal and professional potential

CLIENT FEEDBACK

"I love this organization! Our group meets online and it's been really cathartic for me. I love to hear from the other ladies. It helps you not feel so alone. Although our traumas are not the same, our connections and empathy for each other are. Thanks for giving me the space to share my story. Thank to Jennifer Ramirez for starting such a wonderful organization. Don't take my word for it, try it for yourself."

-Shantell M. (Georgia)



Get in Touch!



www.womenrisechicago.org



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Please feel free to reach out for any questions.